

Disclaimer

IMPORTANT NOTE: By using the website located at www.jlswancoaching.com (the "Site") in any capacity, you voluntarily agree to this Disclaimer. This Disclaimer constitutes a legally binding agreement between you and JLSWANCOACHING, LLC ("JLSwan Coaching," "Company," "we," "us," or "our"). You agree that you have read (or had the opportunity to read and chose not to), understood, and consented to this Disclaimer. If you have any questions, please contact us at jen@jlswancoaching.com. You must be at least 18 years old and have the legal capacity to consent to this Disclaimer. If you are under the age of 18, or you do not agree with this Disclaimer, please STOP now and do not use this Site or its content. This Disclaimer is incorporated into and forms part of the Terms of Use governing your use of the Site.

The contents of this Site, including but not limited to all text, coaching-related materials, and other information, are presented for informational and educational purposes only. Nothing on this Site constitutes, or is intended to constitute, therapy, psychotherapy, counseling, psychiatric treatment, medical advice, mental health treatment, or any other form of clinical or professional healthcare advice. The information on this Site should not be used as a substitute for the advice of a licensed therapist, psychologist, psychiatrist, counselor, physician, or other qualified healthcare professional. Always consult your own healthcare provider with your questions and concerns, and before starting, stopping, or modifying any treatment, therapy, or medication regimen.

The services described on this Site and offered by the Company are personal development coaching services. Coaching is a collaborative, forward-looking process focused on goal-setting, accountability, decision-making, communication skills, boundary-setting, self-reflection, and navigating ordinary personal, professional, or life transitions. Coaching is not a form of clinical or mental health treatment as described above, and Jennifer Swan does not diagnose, assess, evaluate, or treat any medical or mental health condition. Jennifer Swan previously held a state clinical license, which was voluntarily retired in 2024. She does not practice as a licensed therapist or clinician through JLSwan Coaching or through the Site.

Any decisions you make based on the information provided on this Site, in the Company's publications, on the Company's social media channels, or during any coaching, mentoring, or consulting sessions, and the consequences thereof, are solely your own. No use of the Site, engagement of the Company's coaching services, purchase or reading of the Company's publications, or any other interaction with the Company, whether through the Site, by email, by telephone, through social media, or during coaching sessions, creates a therapist-patient, doctor-patient, professional-client, fiduciary, or other clinical or therapeutic relationship between you and the Company or Jennifer Swan.

For information regarding limitations of liability, disclaimers of warranties, indemnification, and other legal protections, please refer to the Terms of Use governing your use of the Site.

If you are experiencing a mental health crisis, suicidal thoughts, or a medical emergency, do not rely on this Site or the Company's services. Contact a licensed mental health professional, call the 988 Suicide and Crisis Lifeline (call or text 988), or go to your nearest emergency room

immediately.

By using the Site or engaging the services of Company, you acknowledge that you have read, understood, and agreed to this Disclaimer, the Terms of Use, and the Privacy Policy, each of which is available on the Site.